



# Hall-U-Sana® Toe CPM

## Quick Guide English



# Adjustment of the toe CPM

Only carry out the treatment in a sitting position!

**CAUTION:** do not move the device.

The device must lie flat on the floor.

Start of therapy at the earliest 2 weeks after surgery.



## 1 Correct placement of the foot



Push the foot up to the white stop: the toe crease must be firmly in contact with the vertical toe separator (stop).

## 2 Securing the foot using the foot strap



Tighten the foot strap over the foot and secure it with velcro.



## 3 Securing the big toe to the toe flap



Place the big toe loosely on the toe glider (slider), pull the toe glider back as far as possible, secure the toe with the strap.

# Therapy

For 30 days, treat 2 x daily - in the morning and evening - for 25 minutes per session. **There are two predefined programs:**


- 1 Program 1: Smaller deflection of the toe flap**  
Recommendation: Choose this program for the first four to five days of therapy. 
- 2 Program 2: Larger deflection of the toe flap**  
From the fifth day onwards and only if there is no pain. If there is pain: Stop Program 2 and continue using Program 1. 

## Operating controls

Display status and remaining treatment time in minutes

START PAUSE button: to switch the device on & off, as well as to start or pause a program




Battery charge indicator. If  immediately contact your service partner


Buttons for the direct selection of Program 1 or Program 2


## Procedure

### 1. Switching on

Press and hold the START PAUSE button for 2 seconds. 

### 2. Selecting a program

When switching the device on, Program 1 is always preselected (lights up green). 

To select Program 2, press the button briefly (then turns green). 

### 3. Starting the selected program

Press the START PAUSE button briefly.

### 4. Emergency stop if experiencing pain.

Immediately press the START PAUSE button briefly.

### 5. Switching off

Press and hold the START PAUSE button for 2 seconds.



### Error message

Note the error code, switch the device off and contact your service partner.

# Care and returns

Only wipe the device with a damp cloth.

Never clean under running water or with chemicals!

Do not drop or damage the device.

Do not charge or tamper with the battery.

The cable can be a tripping hazard if the device is used incorrectly.

Always keep the device out of the reach of children and always store it in its case.



After completion of the treatment, contact your service partner immediately to coordinate the return (possible additional costs may be incurred if returned late).

Keep the shipping box for return shipment.

# Service, support and distribution

Place address sticker here



## Instructions for use

Carefully read the enclosed instructions for use.



MED-RAS GmbH, Eichenallee 8H  
21521 Wohltorf, Germany



Effectum Medical AG

Kirchgasse 11

4600 Olten, Switzerland

[www.effectummedical.com](http://www.effectummedical.com)



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[www.usamedical.com](http://www.usamedical.com)