



# Toe CPM Hall-U-Sana®

## Quick Guide English



# Adjustment of the toe CPM

Only carry out the treatment in a sitting position!

**CAUTION:** do not move the device.

The device must lie flat on the floor.

Start of therapy at the earliest 2 weeks after surgery.



## 1 Correct placement of the foot



Push the foot up to the white stop: the toe fold must be firmly in contact with the vertical toe separator (stop).

## 2 Fixation of the foot by means of the foot strap



Tighten the foot strap over the foot and fix it with velcro.

## 3 Securing the big toe to the toe flap



Place the big toe loosely on the toe glider (slider), pull the toe glider back as far as possible, fix the toe with the strap.

# Therapy

For 30 days, treat 2 x daily - in the morning and evening - for 25 minutes each. **There are two predefined programmes:**

**1 Programme 1: Smaller deflection of the toe flap**  
Recommendation: Choose this programme for the first four to five days of therapy.



**2 Programme 2: Larger deflection of the toe flap**  
From the fifth day onwards and only if no pain is felt. If there is pain: Stop programme 2 and continue using programme 1.




## Control elements

Display status and remaining treatment time in minutes

START PAUSE button: to switch on & off as well as to start & pause a programme



Battery charge indicator. If  immediately contact Lüdi Medical Rehab AG.

Buttons for the direct selection of programme 1 or programme 2


## Procedure


### 1. Switching on

Press and hold the START PAUSE button for 2 seconds.



### 2. Programme selection

When switching on, programme 1 is always preselected  (lights up green).

To select programme 2, press the button  briefly (then turns green).

### 3. Starting the selected programme

Press the START PAUSE button briefly.

**4. Emergency stop if experiencing pain.** Immediately press the START PAUSE button briefly.

### 5. Switching off

Press and hold the START PAUSE button for 2 seconds.



### Error message

Note the error code, switch off the device and contact Lüdi Medical Rehab AG immediately.

# Care and returns

Only wipe the device with a damp cloth.

Never clean under running water or with chemicals!

Do not drop or damage the device.

The battery must not be charged or tampered with.

The cable can be a tripping hazard if the device is used incorrectly.

Always keep the device out of the reach of children and always store it in its case.




After completion of the treatment, Lüdi Medical Rehab AG must be contacted immediately to coordinate the return (possible additional costs may be incurred if returned late).

Keep the shipping box for return shipment.

## Rental partner:

Lüdi Medical Rehab AG  
Hans Huber-Strasse 38  
4502 Solothurn  
[www.luedimedical.ch](http://www.luedimedical.ch)

## For queries:

 +41 (0)32/626 30 90  
Mon – Fri 8 am – 12 pm  
1:30 pm – 5:30 pm  
[service@luedimedical.ch](mailto:service@luedimedical.ch)



## Instructions for use

Carefully read the enclosed instructions for use.



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